

### Donning



1. Unfold gown.



2. Ensure gown is at full length.



3. Place arms through sleeves ensuring thumbs are inserted through thumb loops.



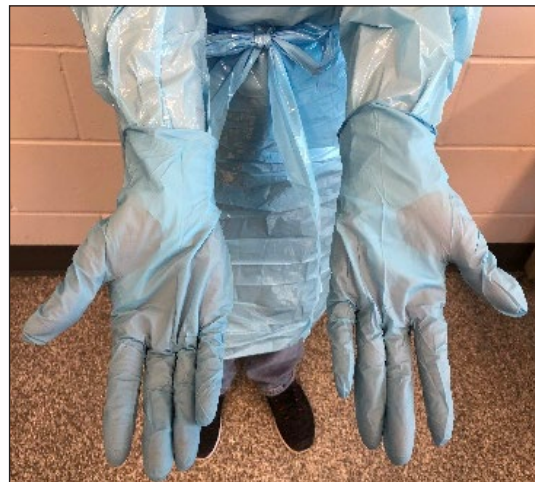
4. Place head through neck opening.



5. Untack gown ties ensuring that they are at full length.



6. Gown is ready to be tied in back or ties can be pulled around in front of gown and tied.



7. Put on gloves over sleeves for final step.  
(Note: Gloves are not supplied with gowns.)



## Doffing



1. Separate gown at shoulders by tearing along back perforation.



2. Release gown ties around waist by untying or pulling gown forward to force separation of tie from around waist.



3. Remove arms from sleeves and hands from gloves.



4. Gown and gloves are ready to be disposed of in an environmentally safe and appropriate manner.