

Donning



1. Open shoe (or boot cover) at top by expanding the elastic band.



2. Shake cover to open and form allowing for easier foot insertion.



3. For boot covers, roll top of cover down to allow for easier foot insertion.



4. Insert foot into cover over shoe or boot and form to appropriate fitting ensuring that foot is flat inside the cover.



Doffing



1. Cross leg over knee.



2. Guide cover over back of shoe or boot. (For boot covers, roll top of cover down and pull at bottom of cover to release over bottom of boot.)



3. Pull cover from toe to release from shoe or boot.



4. Cover is now ready to be disposed of in an environmentally safe and appropriate manner.